

Vario Wellness Clinic– Translation of Research

The Vario Wellness Clinic is located within the Health and Wellness Institute at Edith Cowan University. The Institute is producing groundbreaking knowledge into illness prevention, wellness and disease management. This includes the management of cancer treatment related toxicities; improving health of children who are overweight or obese; improving structure and function of the elderly; maintaining quality of life for people with Parkinson's disease; and developing integrative therapies for people with cardiovascular disease and type 2 diabetes.

The Clinic is a holistic, multidisciplinary health and wellness facility, which offers leading edge, evidence-based wellness programs, integrated consulting and assessment services across the disciplines of:

- Exercise Physiology,
- Dietetics,
- Psychology and
- Physiotherapy

Highly qualified, experienced practitioners work with chronic disease sufferers and key 'at risk' groups, such as cancer patients, diabetics, overweight and obese children and adults, seniors and those with work or motor vehicle accident related injuries.

Edith Cowan University values engagement with the community, industry and government. In 2010 the Clinic recorded over 22,000 client visits. Our primary objective is to achieve positive outcomes for our patients and to provide allied health services, at minimum cost, to all people with a chronic illness. Our programs consist of:

- Cancer Survivor Program
- Diabetes Wellness Program
- Fighting Fit Veterans
- Living Longer Living Stronger
- Osteoporosis Program
- Parkinson's Program
- Weigh 2 Go Kids
- Weight Loss for Wellness
- Motor Vehicle and Work Injury Rehabilitation

To make an appointment or find out about our costs, please contact:

Vario Wellness Clinic

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